



SUBJECT CONTROL PROFICIENCY TESTING RECORD

Curriculum Code CBT-038

STUDENT NAME: _____

SCHOOL NAME: _____ SCHOOL NUMBER: _____

		Enter P or F Only				Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2	SPO	ACTION	TEST #1	TEST #2
#1	SUBJECT APPROACH AND CONTROL			#5	GROUND DEFENSE		
	Body alignment				Defend against takedowns		
	Positioning				Ground defense position		
	Situational awareness				Basic movements (i.e., stand-up, bridge to knees, hip escape)		
	Escort/control holds				Mount		
	Pain compliance				Back mount		
	Weapon transitions				Side control		
					Guard		
#2	STRIKES			#6	ESCAPES FROM BODY LOCKS & HOLD RELEASES		
	Strike defense				Choke/strangle escapes		
	Upper body strikes				Body lock/clinch escapes		
	Lower body strikes				Head lock escapes		
	Combinations						
#3	TAKEDOWNS			#7	WEAPON ENCOUNTER DEFENSES		
	From limb control				Shot avoidance		
	From a body lock/clinch position				Edged weapon defense		
	Two officer takedowns				Impact weapon defense		
	Stabilization/control for handcuffing					#8	ENVIRONMENTAL WEAPONS
#4	HANDCUFFING			Ground defense			
	Searches			Weapon retention			
	Standing			Strangle defense			
	Kneeling			#9	PRACTICAL APPLICATION SCENARIO		
	Prone						
	De-cuffing						Write a narrative based on that scenario

INSTRUCTOR SIGNATURE

OPOTC #: _____

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COMMANDER/ADMINISTRATOR SIGNATURE: _____ DATE: _____

NO STAMPS / ORIGINAL SIGNATURES ONLY